

Introduction to Changing a Wound Dressing Check-Off (Instructor Resource)

PREPARATION:

Supplies:

- Sterile, prepackaged dressing(s) as needed
- Tape, micropore, paper, or Montgomery tie tapes
- Clean gloves
- Sterile gloves
- Sterile normal saline irrigation solution or commercially prepared cleansing spray
- Wound culture media, as needed
- Plastic bag
- Bath blanket or sheet
- Emesis basin

Optional: Evaluate the student's ability to change a wound dressing using the check-off. May score via points or satisfactory/unsatisfactory.

After the demonstration, have students practice changing a wound dressing on the model using the following steps:

Introduction to Bandaging and Wound Care

1.	Complete a wound assessment following appropriate steps.	
2.	Follow the appropriate preparation steps.	
3.	Remove the tape slowly by pulling it toward the wound.	
4.	Don clean gloves.	
5.	Remove the soiled dressings and dispose of them in a bag.	
6.	Obtain a wound specimen for cultures if ordered.	
7.	Remove clean gloves and discard into a plastic bag.	
8.	Bring the overbed table close to the working area.	
9.	Open sterile saline solution or commercially prepared cleansing spray and pour over the wound. Place the emesis basin next to the skin surface to catch the overflow.	
10.	Don sterile gloves.	
11.	Form a ball with gauze pads by tucking all four corners together. Use the center of gauze pads to cleanse the wound.	
12.	Cleanse the wound. Always start at the cleanest area and work away from it. Never return to a previously cleaned area. Usually, start at the top of the wound and work toward bottom.	
13.	Assess the wound, measure, identify the type and determine whether signs of infection are present.	
	Score	